

NEVER THE SAME AGAIN

DAY 1 COMPANION SHEET

The grace to ask for today is:

Gratitude for God's creating the world and for creating me.

Scripture Passage: Genesis 1.26,28,31

“God created humankind in his image, in the image of God he created them; male and female he created them. God blessed them, and God said to them, ‘Be fruitful and multiply, and fill the earth and subdue it; and have dominion over the fish of the sea and over the birds of the air and over every living thing that moves upon the earth.’ God saw everything that he had made, and indeed, it was very good.”

During the day (but only if it is helpful)

Invite Saint Jean de Brébeuf, S.J. (1593-1649) to spend the day with you:

In 1625 Jean de Brébeuf asked to come to Canada to preach the Good News of the Gospel to the people of New France. He marvelled at the expansive beauty of the land and fell in love with the Huron people. He learned their language and culture and wrote a dictionary and a catechism for them. Though the Hurons knew nothing about Jesus, he saw in them a natural and strong feeling for God. He zealously tried to teach them about Jesus and baptism. On March 16, 1649 he suffered a horrible martyrdom at the hands of the warring Iroquois. He died having encouraged the Hurons who were captured with him by saying “Our torments will end with our lives, but the glory which follows them will never have an end.”

Read and reflect on what Pope Francis says:

“We were conceived in the heart of God, and for this reason ‘each of us is the result of a thought of God. Each of us is willed, each of us is loved, each of us is necessary.’

Recalling the words of St. Francis of Assisi, Pope Francis reminds us that creation is “our common home and it is like a sister with whom we share our life and a beautiful mother who opens her arms to embrace us.”

Pray: Cantic of the Sun (Francis of Assisi)

Praise be you, my Lord,
with all your creatures
especially **Sir Brother Sun**,
who is the day, and
through whom you give us light.
And he is beautiful and radiant,
with great splendor,
and bears a likeness of you, Most High.

Praise be you, my Lord,
through **Sister Moon** and the stars,
in heaven you formed them
clear and precious and beautiful.

Praised be you, my Lord,
through **Brother Wind**,
and through the air, cloudy and serene,
and every kind of weather
through whom you give sustenance
to your creatures.

Praised be you, my Lord,
through **Sister Water**,
who is very useful
and humble and precious and chaste.

Sing to yourself or recite:

All Good Gifts Around Us

Google *All Good Gifts*

Godspell 1973 – You Tube)

We plow the fields and scatter
the good seed on the land
But it is fed and watered
by God's almighty hand
He sends us snow in winter,
the warmth to swell the grain,
the breezes and the sunshine
and soft refreshing rain

® All good gifts around us,
are sent from Heaven above,
so thank the Lord, oh,
thank the Lord for all His love.

We thank Thee then, O Father,
for all things bright and good,
the seed time and the harvest,
our life, our health, our food.
No gifts have we to offer
for all Thy love imparts
but that which Thou desirest,
our humble thankful hearts: ®

Additional Passages of Scripture:

Psalm 139.1-18, Psalm 65,
Isaiah 43.1-7, Daniel 3.57-88