



# MARTYRS' SHRINE

Weekly Church Bulletin | May 26 2018 | Solemnity of the Most Holy Trinity



## Praying, then and now!

I can remember saying my prayers as a little girl; I would pray on my knees beside my bed just like the little girl in the picture plaque I had hanging on my wall that I received as a gift for my First Communion. It sounds peaceful and idealistic but I shared a bedroom with my older sister who didn't appreciate me saying my prayers out loud every night! I can remember telling her to 'be quiet' while I tried to say the prayers that I had memorized. It would usually start an argument and much to my frustration my Mom, in her gentle voice, would say "Angie, you need to concentrate on what you are saying, learn to block out the noise around you."

As an adult when I say a prayer, it has become more of a conversation with God. I don't try to block out the 'noise' around me but rather am trying to learn how to handle the 'negative' around me. It is so easy to get caught up in the negativity we hear and see in the media, at work, at school, and seemingly everywhere in our daily lives. So many people obsess with what is wrong, they

sometimes forget to look at what is right. I am using the daily examine as a basis for learning how to deal with my day to day struggles and joys. I take the time to look over my day and re-live the joys, and give thanks for the blessings in my life. I reflect on my words, and actions, to realize where my words or behaviours may have hurt someone. I ask God to help me be conscious of not hurting others, and if I have, to apologise to them. It helps me to forgive those who may have said or done something that may have hurt me.

I wonder if everyone took time to pray the daily examine, or use it like I do, to reflect on their day, would people learn to focus more on their daily joys? Would you be able to see where you may have done or said something that may have hurt someone? If you did, could you apologise? Would you apologise?

I still like the prayers I said as a child but learning a new way to pray has helped me grow in my relationship with God. I don't use the daily examine the way it is intended just yet but I am building up to it! If you are unfamiliar with the daily examine, research it and see if it might appeal to you.

Angela Kruger  
Executive Assistant  
Martyrs' Shrine

**ARE YOU A MEMBER OF THE MARTYRS' SHRINE ASSOCIATION?**

Share in 100 Masses every year, and receive the Shrine Message twice annually.  
Find out more or join at the Information and Pastoral Office.



# LE SANCTUAIRE DES MARTYRS

Bulletin hebdomadaire | 26 mai, 2018 | Solennité de la Sainte Trinité

## MARTYRS' SHRINE MESSAGE

Get the latest copy of the Martyrs' Shrine message at the information centre. The message is a way for our members to stay connected to the shrine and submit their prayer intentions for the Novena to the Canadian Martyrs and the Novena to St. Joseph.

## MESSAGES FROM SMCDSB

### INTERESTED IN BECOMING A CATHOLIC SCHOOL TRUSTEE?

Want to make a difference in Catholic education in your area? Consider becoming a Catholic school trustee with the Simcoe Muskoka Catholic District School Board (SMCDSB). The next municipal and school board election is on October 22, 2018. Candidate nominations are open from May 1 to July 27, 2018.

If you are interested in running to be a SMCDSB trustee for the 2018 - 2022 term, please join us at our candidate information session on **Monday, May 28, 2018** at 5:30 p.m. at the Catholic Education Centre Board Room - 46 Alliance Boulevard, Barrie ON L4M 5K3. For more information on becoming a Catholic school trustee at SMCDSB, visit [smcdsb.on.ca/trustees/trustee\\_election](http://smcdsb.on.ca/trustees/trustee_election).

Interested attendees should RSVP to Belinda Marcellus, Coordinator of Trustee Services [bmarcellus@smcdsb.on.ca](mailto:bmarcellus@smcdsb.on.ca) or 705.722.3555 ext., 388, by Friday, May 25th

### YOUR VOICE. YOUR VOTE. MAKE IT COUNT!

Help protect and preserve our Catholic education system by ensuring you are registered as a Separate (Catholic) School Supporter for the October 2018 municipal election.

With a municipal election right around the corner, now is the time to make sure your vote for a school board trustee counts. Like many Catholic households, you may be surprised to find out that you are not registered as a Catholic school supporter. If you have moved, your support automatically defaults back to the English public system.

The Voter Lookup tool is a quick and easy way to check to see if your tax support is directed to the Catholic system. This is important not only to show your support for Catholic education in our province, but also to ensure you can vote for your local Catholic school trustee this October. Confirm your electoral information today at [voterlookup.ca](http://voterlookup.ca) and spread the word to your family, friends and neighbours in support of Catholic education.

## MASS INTENTIONS †

### 26-SATURDAY

- 9:00 Rokicki Family
- 10:30 Henryk & Regina Lewicki+
- 12:00 Joao Quintal+
- 7:30 Canha Familu

### 27-SUNDAY

- 9:00 Elizabeth, George, Tony & Eric Murphy+
- 10:30 Daniel & Alice Castaneda  
Jorge Castaneda +
- 12:00 John, Luisa, Daniel & Andrew Fernandes
- 7:30 Missionary of Sisters of the Precious Blood

### 28-MONDAY

- 9:00 Martyrs' Shrine Association & Shrine Benefactors
- 12:00 Winnie Pereira +  
Milly Colaco +
- 7:30 Provesa Gonzalvo

### 29-TUESDAY

- 9:00 Anne Marie Males
- 12:00 Martyrs' Shrine Association & Shrine Benefactors
- 7:30 Loraine Kirkwood

### 30-WEDNESDAY

- 9:00 Lawrence, Claire & Ray+
- 12:00 Lawrence, Claire & Ray+
- 7:30 Theresa Sullivan+

### JUNE 1-FRIDAY

- 9:00 Sr. Bincy Micheal - Healing
- 12:00 Heather Gallagher - Healing
- 7:30 Martyrs' Shrine Association & Shrine Benefactors

**Visit our website for more news and information!**

**[www.martyrs-shrine.com](http://www.martyrs-shrine.com)**